



April 7-May 6, 2025



2025 Land of Waterfalls Senior Games & SilverArts Official Entry Form

REGISTRATION (Deadline: March 28, 2025)

1. Read and sign the liability waiver.
2. Complete the entry form.
3. Check all activities that you will be participating in.
4. Attach the registration paper fee of \$15 to your completed form. **Please make checks to "Transylvania County."**
5. Send completed forms and payment to: **Transylvania County Parks & Recreation, 1078 Ecusta Road, Brevard, NC. 28712**
*****Online Registration \$16 at www.countyrec.org see Senior Games tab! *****

Name: _____
Last Name Preferred First Name Middle Initial

Address: _____
No. & Street City State Zip Code

Phone No.: _____ **Email:** (1 per participant) _____

Date of Birth: _____ **Emergency Contact Phone No.** _____

(Must be 50 years old by 12/31/25) A participant must be a North Carolina resident for a minimum of 3 consecutive months of the year.

T-Shirt Size (Men's sizes Circle): Small Med Large XL 2XL 3XL **No T-shirt needed.**

Please provide this info to help us; it will be kept confidential. **Ethnicity (Circle):** Black or African American; Asian; American Indian Alaska Native; Caucasian; Native Hawaiian or other Pacific Islander; Hispanic; or Other

Registration Fee \$15 Cash _____ Check # _____ to: **"Transylvania County"**

Additional fees apply to golf, bowling, & billiards (Fees should be paid to facilities on day of play and not Parks and Recreation.)

Liability Waiver:

1. **SILVERARTS.** I agree not to hold Transylvania County responsible for the security or condition of the artwork that I enter in the 2024 Silver Arts Program. I also agree not to hold Transylvania County responsible for any injury that may occur. Transylvania County agrees to provide due care for all works submitted but may not be held liable for any theft or vandalism that may occur.
2. **ATHLETICS.** I agree not to hold Transylvania County, Brevard College, Transylvania County Schools, sponsors, or employees responsible for any claim as a result of my participation in the Senior Games. I acknowledge that I am in adequate physical condition to participate. I acknowledge that it is suggested that I consult with a physician before I participate.
3. Land of Waterfalls Senior Games and SilverArts is now CLOSED to participants who live outside Transylvania County. If you want to participate in events for Senior Games and you have local games in your county that offers those events, you CAN NOT participate in Land of Waterfalls local games and SilverArts. This is for all individual and partnered events. We will remain open for tournament basketball as well as participants who do not have an event at their local games.
4. I understand that it is my responsibility to check with my local Senior Games Coordinator immediately following my local Senior Games to determine if I qualified for State Finals and to get a State Finals Entry Packet if I do not have internet access. My State Finals registration with payment and all required items must be received in the NCSG office in Raleigh by 11:59 p.m. on August 1st! I understand that this deadline is strictly enforced in fairness to all, and it is my responsibility to make sure I am registered.

5. **Signature** _____

Date _____

EVENT REGISTRATION: Please select all that you plan to participate in. All local medal winners qualify to participate in the State Games. All participants must pre-register by **March 28, 2025**.
Please check if you plan on attending the Closing Ceremonies: _____

INDIVIDUAL EVENTS:

- _____ Softball Throw
- _____ Football Throw
- _____ Basketball Shooting
- _____ Golf (MPS required in 2025.)

TRACK AND FIELD EVENTS:

- _____ Discus
- _____ Shot Put
- _____ Standing Long Jump
- _____ Running Long Jump
- _____ 50m Dash
- _____ 100m Dash
- _____ 200m Dash
- _____ 400m Dash
- _____ 800m Run
- _____ 1500m Run
- _____ 1500m Run
- _____ 5K Power Walk
- _____ *5K Run
- _____ *10K Run
- _____ *Cycling - 1 Mile
- _____ *Cycling - 5K
- _____ *Cycling - 10K
- _____ Silver Striders Fun Walk
- _____ 5K Power Walking
- _____ 1500M Power Walking
- _____ *Recumbent Trike - 1 Mile
- _____ *Recumbent Trike - 5K
- _____ *Recumbent Trike - 10K
- _____ *Recumbent (2 wheel) - 1 Mile
- _____ *Recumbent (2 wheel) - 5K
- _____ *Recumbent (2 wheel) - 10K

* 1 mile, 5 K and 10 K must be run separately, no split times. Please contact Coordinator if you are doing multiple events.

TOURNAMENT EVENTS:

- _____ Billiards
- _____ Bocce
- _____ Corn Hole (Singles)
- _____ Corn Hole (Doubles) Partner: _____
- _____ Corn Hole (Mixed Doubles) Partner: _____
- _____ Disc Golf
- _____ Horseshoes
- _____ Shuffleboard
- _____ Badminton (Singles)
- _____ Badminton (Doubles) Partner: _____
- _____ Badminton (Mixed Doubles) Partner: _____
- _____ Table Tennis (Singles) Partner: _____
- _____ Table Tennis (Doubles) Partner: _____
- _____ Table Tennis (Mixed Doubles) Partner: _____
- _____ Bowling (Singles)
- _____ Bowling (Doubles) Partner: _____
- _____ Bowling (Mixed Doubles) Partner: _____
- _____ Pickleball (Singles)
- _____ Pickleball (Doubles) Partner: _____
- _____ Pickleball (Mixed Doubles) Partner: _____
- _____ Spin casting (non-sanctioned)
- _____ Spelling Bee (non-sanctioned)

TEAM SPORTS:

- _____ Basketball 3 v 3

SilverArts (Entries must be the original work of the artist and must have been completed within two years of the Local Games' qualifying date.)

(Must turn this page in with registration information)

HERITAGE ARTS:

- _____ Basket Weaving
- _____ Crocheting
- _____ General Fiber Art
- _____ Pottery - Hand Built
- _____ Pottery - Thrown
- _____ Jewelry
- _____ Knitting
- _____ Needle Work
- _____ Quilting – Hand Stitched
- _____ Quilting – Machine Stitched
- _____ Stained Glass
- _____ Tole/Decorative
- _____ Weaving
- _____ Woodcarving
- _____ Woodturning
- _____ Woodworking

VISUAL ARTS:

- _____ Acrylic
- _____ Digital Art
- _____ Drawing
- _____ Mixed Media 2D (New)
- _____ Mixed Media 3D (New)
- _____ Oil
- _____ Pastels
- _____ Photography – digital
- _____ Photography - film
- _____ Sculpture
- _____ Watercolor

LITERARY: (Literary pieces must be turned in by March 28, 2025.)

- _____ Essay (8 pages max, double space)
- _____ Life Experience (auto biography, 8 pages max, double space)
- _____ Poem (40 lines max, does not need to be double spaced)
- _____ Short Story (8 pages max, double space) **Must be Fiction!!**

PERFORMING ARTS: Three Minutes Maximum Time

- | | | |
|-------------------------------------|--------------------------------------|---------------------------|
| _____ Comedy/Drama (Large Group 5+) | _____ Comedy/Drama (Small Group 2-4) | _____ Comedy/Drama (Solo) |
| _____ Line Dance (Large group 5+) | _____ Line Dance (Small group 2-4) | |
| _____ Vocal (Large group 5+) | _____ Vocal (small group 2-4) | _____ Vocal (Solo) |
| _____ Instrumental (Large group 5+) | _____ Instrumental (Small group 2-4) | |
| _____ Dance (Large group 5+) | _____ Dance (Small group 2-4) | _____ Dance (Solo) |

Please list the names of your Art Pieces and list the names of any performances for the Follies.

- 1 _____
- 2 _____
- 3 _____
- 4 _____
- 5 _____
- 6 _____
- 7 _____
- 8 _____
- 9 _____
- 10 _____

Silver Arts Guidelines for Local Games 2025

Heritage Arts

Entries must be the work of the individual and not a group. Heritage Art entries must be an original work. Patterns may be used, but no stamped pieces will be accepted.

Pottery must be hand built or thrown.

Entries from ceramic molds will not be accepted.

All framed entries must be securely wired, ready to be hung (no serrated hooks or string). Two-dimensional work not properly framed and wired will not be displayed.

Framed entries can be no larger than 36" x 42", including matting and frame.

Entries can be no heavier than 50 pounds.

All entries, except framed work, must be able to be displayed in an area 3'(W) x 3'(L) x 5' (Height).

Groupings (sets) shall have no more than 3 separate pieces per set. All objects within each piece of the set must be contained within or attached to one of the 3 pieces of the set.

Artist's name and title of entry must appear on, or be attached to, entry for identification.

Artists, or their representatives, are responsible to deliver and pick-up their entry at/during the designated times.

The heritage arts entry entered at State Finals must be the same entry that won at the Local Games.

Visual Arts

All artwork, except sculpture, must be framed (or gallery wrapped), securely wired, and ready to be hung (no serrated hooks or string). Artwork, except sculpture, not properly wired will not be displayed.

Artwork, except sculpture, can be no larger than 36" x 42", including matting and frame.

Entries can be no heavier than 50 pounds.

Sculpture groupings (sets) may have no more than 3 pieces per grouping (set).

Mixed media (2D and 3D) may be a freestanding piece.

Photography Film or Digital - determined by the medium on which the image is recorded.

Freestanding entries must be able to be displayed in an area 3' (W) x 3' (L) x 5' (height).

Artists, or their representatives, are responsible to deliver and pick-up their entry at/during the designated times.

The art piece must be an original work, not a print.

Artist's name and title of entry must appear on, or be attached to, entry for identification.

The visual arts entry entered at State Finals must be the same entry that won at the Local Games.

Literary Arts

All entries must be typed, double-spaced, on 8-1/2 x 11 paper and have a minimum of 1" margins. A minimum font size is 10-pt type (preferably "Times New Roman or Arial").

Electronic submissions must be in pdf format.

Poems can be no longer than 40 lines.

Short stories, essays, and life experiences can be no longer than 8 pages.

All entries must have a title page, which includes title of entry, sub-category, and name of artist.

Artist's name must not appear on the content pages.

The literary arts entry entered at State Finals must be the same entry that won at the Local Games.

Performing Arts

An artist may only have one (1) entry per size of act in each subcategory.

Performing entries are limited to three (3) minutes of on-stage time. Exceeding the time limit will result in automatic disqualification. Timing is the performer's responsibility and begins with the first note of music or the first movement visible to the audience and ends with the final note of music or movement of the act.

Performing entries may be one of the following: (a) soloists, (b) small groups (2 - 4 performers), or (c) large groups (5 or more performers). Accompanist(s) will be counted to determine size of act. No one under age 50 as of Dec. 31st will be permitted on stage and an accompanist *must* be a registered participant.

Your local games can provide the following items: chairs, microphone(s), piano, and sound system. The act is responsible for all other props and equipment and must get NCSG advance approval for use at Show. Props must be small, few, lightweight and easy to set up quickly.

Voice presentations must be a *live* performance by the artist. Background music can be recorded. Lip-synch is not permitted as a performing art.

The performance at State Finals must be the same performance that won at the Local Games, i.e., same song, dance, music,

This program is sanctioned by North Carolina Senior Games, Inc. NCSG, Inc. is sponsored statewide by the North Carolina Division of Aging and Adult Services

Date/start time	LWSG Event	Location
MONDAY, April 7 9:00 a.m. 6:00 p.m.	Open Rehearsal Opening Ceremonies/Follies	First United Methodist Church First United Methodist Church
TUESDAY, April 8 9:00 a.m.	Track: 1500 Meter Race Power Walk, 1500 Meter Run, Running Long Jump	Brevard College Track
WEDNESDAY, April 9 9:00 a.m. 6:00 p.m.	400 Meter Dash, 200 Meter Dash, 100 Meter Dash, 50 Meter Dash, 800 Meter Run Table Tennis (Singles, Doubles, Mixed)	Brevard College Track Brevard College Track Recreation Department
THURSDAY, April 10 9:00 a.m.	(* No split times) Cycling & Recumbent (2 wheel & Trike): 1 mile, 5K, & 10 K	Recreation Department
FRIDAY, April 11 3:00 p.m.	Spelling Bee	College Walk
MONDAY, April 14 9:00 a.m.	Bocce	College Walk
TUESDAY, April 15 9:00 a.m. 10:30 a.m. 2:00 p.m.	Shuffleboard, Men Shuffleboard, Women Badminton (Singles, Doubles, Mixed Doubles)	Recreation Department Recreation Department Recreation Department
WEDNESDAY, April 16 1:00 p.m.	Golf (* Additional fee.)	Connestee Falls
Thursday April 17 10:00 a.m.	Horseshoes	Recreation Department
TUESDAY, April 22 9:00 a.m.	5K Run, 5K Walk, 10K Run	Recreation Department
Wednesday, April 23 5:00 p.m.	Cornhole (Singles then @ 6:00 PM Doubles, and Mixed)	Recreation Department
THURSDAY, April 24 3:00 p.m. 3:00 p.m.	Bowling (*Additional fee) Billiards (*Additional fee)	Tarheel Lanes, Hendersonville
Friday, April 25 * 1:00	<i>Optional Second Day for Multiple Events/Rain Date</i>	<i>*Call Recreation Department</i>
SATURDAY, April 26 9:30-12:00	FIELD DAY: Basketball shooting, Discus, Football Throw, Shotput, Softball Throw, Standing Long Jump, Spin Casting, Fun Walk, (Lunch @ 11:15-12:00	Recreation Department Recreation Department
TUESDAY, April 29 9:00 a.m.	Pickleball (Singles, Doubles, Mixed Doubles)	Recreation Department (Outdoors)
WEDNESDAY, April 30 4:00 p.m.	Disc Golf	TBA Flatrock
THURSDAY, May 1 9:00 a.m. - 12:00 p.m.	SILVERARTS Drop-Off	Recreation Department
FRIDAY, May 2 9:00 a.m. - 12:00 p.m. 2:00 p.m. – 5:00 p.m.	SILVERARTS Judging SILVERARTS Viewing	Recreation Department Recreation Department
Saturday, May 3 9:30-11:30	<i>FIELD DAY Rain Date</i> <i>(See above* April 25)</i>	<i>Recreation Department</i>
MONDAY, May 5 3:00 p.m. - 5:30 p.m. 6:00 p.m. - 7:30 p.m.	SILVERARTS Viewing Closing Ceremonies, Banquet, Prizes, and Awards	Recreation Department Recreation Department
TUESDAY, May 6 9:00 a.m. – 11:00 a.m.	SILVERARTS Pick-up	Recreation Department